



# THE BRAIN-COMPATIBLE PARENTING SYSTEM™

## Strategies to help “Grow Smart Brains”

### Dates:

Mon. Feb. 27<sup>th</sup>,  
Mon. March 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>  
7:00- 8:30 PM

### Location:

Maple Hills Elementary  
Room 602  
15644 204<sup>th</sup> Ave SE  
Renton, WA

### Cost:

Free

A 2010 study by The Kaiser Foundation found that kids ages 10-18 now spend an average of 53 hours a week interacting with screens.

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**PTA®**  
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Sponsored by the Issaquah PTSA Council, the Maple Hills PTA proudly presents *The Brain Compatible Parenting Series, “Solutions for Parenting Well in Our Digital World.”™*

This four part series will examine what recent research says about brain development. You will gain new concepts, skills, and strategies to help guide your daily parenting decisions. With this training you’ll be able to make a positive difference in the lives of your children.

The four sessions will include:

1. The Early Years: Movement and Play in a Media/Digital Age
2. The School Years: Learning and School Success in a Media/Digital Age
3. The Teen Years: Keeping Our Kids in Control of Their Digital World
4. Parenting Well in a Media/Digital Age

Each class will consist of a presentation followed by many opportunities for discussion and reflection on your parenting practices. Handouts will also be provided.

### FACILITATOR: ROSAMOND VAUGHAN

Rosamond Vaughan is currently a Kindergarten Teacher at Maple Hills Elementary, National Board Certified, with an MS in Family and Child Development. She is a certified Parent Coach, having graduated from the Parent Coaching Institute at Seattle Pacific University. Working with children and families for many years, Rosamond looks forward to sharing this important information with the community.

### CLASS REGISTRATION

To register for this class contact Laura Norris, Maple Hills Educational Representative, at 425-394-1109 or [jimandlaura3@comcast.net](mailto:jimandlaura3@comcast.net).

***Please note: You are welcome to attend any or all of the four classes that work for you. There is no charge for the class.***

For more information please contact Maple Hills Parent Education Representative: Laura Norris at 425-394-1109